



Healthy Weight, Healthy Lives Strategy 2016-2026 (Green Paper)

Health and Wellbeing Board 14th September 2016

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PLEASE NOTE: THE CONSULTATION REPORT, DRAFT STRATEGY AND SUGGESTED FRONT COVER FOR THE STRATEGY, HAVE BEEN CIRCULATED SEPARATELY, IN THE BOOKLET CONTAINING STRATEGY DOCUMENTS

Summary:

The most recent North Yorkshire Joint Strategic Needs Assessment highlighted the worrying rise in childhood and adult obesity as an increasing problem across the county, particularly among the adult population, with North Yorkshire now being ranked 24 out of 27 shire counties for this indicator.

To address this problem, the North Yorkshire Health and Wellbeing Board previously agreed that a Healthy Weight, Healthy Lives strategy should be developed. After a period of engagement with key stakeholders, North Yorkshire County Council's Public Health Team wrote a draft 'Healthy Weight, Healthy Lives: Tackling overweight and obesity in North Yorkshire' Strategy (2016-2026) that went out for consultation during July and August 2016.

The draft strategy presented the complexities and impact on excess weight; the opportunities for change; the patterns and trends of obesity nationally and locally; and the proposed vision, aims and priorities for tackling excess weight in North Yorkshire.

Since the close of the consultation phase a revised Healthy Weight, Healthy Lives Strategy (2016-2026) has been written and is presented to the Health and Wellbeing Board as a green paper for final comment before formal launch, scheduled for the end of October 2016.

It is proposed that a Healthy Weight, Healthy Lives steering group be established to have oversight of the implementation of the action plan and provide an annual progress report to the Board.

Which of the themes and/or enablers in the North Yorkshire Joint Health & Wellbeing Strategy are addressed in this paper?

- Connected Communities
- Live well
- Age well

How does this paper fit with other strategies and plans in place in North Yorkshire?

- North Yorkshire's Mental Health Strategy: Hope, Control and Choice (2015-2020)
 - North Yorkshire's Alcohol Strategy (2014-2019)
 - North Yorkshire's Local Transport Plan (2016 – 2045)
 - North Yorkshire and York's Safer Roads, Healthier Places Strategy (2016-2020)
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What do you want the Health & Wellbeing Board to do as a result of this paper?

Key issues for Health and Wellbeing Board

- note the contents of the Healthy Weight, Healthy Lives Strategy 2016-2026 (green paper)
- provide any final comments and delegate the Director of Public Health to finalise and formally launch at the end of October 2016
- agree to the establishment of a Healthy Weight, Healthy Lives steering group to have oversight of the implementation of the action plan and provide an annual progress report to the Board.